Mudcakes and Roses Enior Generation Action and Issues

Nelson Tasman

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Lads at Large By Ruth Rundle

The lads hit town on the last Friday of the month. Lads at Large, that is – outings run by the Stoke Community Centre's Over 60s Club.

It's a chance for the boys to have a day out in the Nelson/Malborough region, followed by lunch at a local tavern or RSA.

It's also a great opportunity to get together with old friends, meet new ones and tour an interesting place, with the chance to ask all those niggling questions you've had floating around for years.

The end of August found the group at Ray Win's collection of vintage cars, motorcycles and other assorted memorabilia in Tahunanui. Ray, who is also a member of the Over 60s club, has been a collector and restorer for many years and the museum is testament to his passion for a bygone era.

Other memorable Lads At Large trips have taken them to the Omaka, Knights of the Sky exhibition in Blenheim, a tour of a Russian trawler berthed at Nelson, beer tasting at the brewery in Founders Park, a look-see at the expanded Trafalgar Centre (what did they spend all that money on?) and the engineering hangar at Nelson Airport.

Longstanding club member Fred Conrad really enjoys the Lads' excursions.

"It makes our day pass in a delightful way and we're always looking to our next outing," he says.

Fred particularly enjoys seeing the care that people like Ray take in their work or pastime.

"I come because it's a pleasure to be there, to see a labour of love, a passion or treasure."

Some trips have been an eye-opener into the workings of many industries. Others invoke the past or showcase fascinating new methods of construction or state-of-the-art technology.

October will be a trip to Ewing Poultry, then lunch at a tavern. If you're interested in coming along, contact me, Ruth, at the Stoke Community Centre, Ph. 03 547 2660.



Bill Higgins checks out the machinery at the Ray Win collection.

Tapping into the computer age

SeniorNet is a national network of clubs dedicated to demystifying computers for those over 50

"A lot of people call me Wrinkles," says Wallace Wratt with a grin. The 81-year-old is wary of the webcam images of himself he beams across the internet to family and friends via Skype.

Two years ago he didn't known how to turn a computer on, and he felt isolated generally. So Wallace joined SeniorNet in Nelson. Now the former wharfie and first-aid officer can discuss the virtues of different anti-virus softwares, transmit his digital photos, soar over the planet via Google Earth and email or talk to relatives in Australia.

"The tutors are very cooperative and the knowledge they impart is fantastic," he says.

Wallace also enjoys the camaraderie of his fellow learners.

Wallace has just finished Graeme Valpy's computer maintenance course, learning about keeping his machine running smoothly and free of the nasties circulating in cyberspace. Like all tutors, Graeme gives his time and skills for the price of petrol money. The former polytech tutor also cowrote the manual.

SeniorNet is a national network of clubs dedicated to demystifying computers for those over 50 (or 55 for some groups). It offers instruction that puts the professionals to shame. Tutors are plentiful, the groups are small and courses ranging from basic to geeky are mostly covered by a fee based on \$5 a lesson, with a \$20 a year joining fee.

Topics include a skills and intro course, word-processing, email and internet, desktop publishing, genealogy and home accounting, along with numerous short courses.

The 460 members of the Nelson club meet monthly for guest talks or powerpoint presentations by experts in computer repairs, cameras, operating systems and so on.

The Nelson branch was established in 1993 and is now based in rooms at Pioneer Park, with about eight computers, plus printers and other hardware. Graeme

maintains the network – a tricky task with so many raw beginners at the keyboards.

"We haven't had any serious meltdowns ... touch wood."

The thriving Motueka SeniorNet, which has 360 members, fundraised and built its own premises (shared with the Toy Library), thanks to assistance from the Tasman District Council, Lottery Board grants etc. Its Digital Interest Group runs the photo competition held annually during the Festival of Lights.

A tiny SeniorNet branch at Linkwater in the Marlborough Sounds meets in a room attached to the church, wheeling their computers out of a cupboard for lessons.

All 88 clubs come under a national federation, which receives some funding from the Government through the Tertiary

Education Commission. It's a unique New Zealand success story in community education that works from the ground up.

The Nelson club meets on the third Wednesday of each month, at 2 pm, and there is plenty of parking at Pioneers Park, near the Spotlight store. Visitors are welcome. A Digital Interest Group meets on the last Friday of the month, again at 2 pm.

The club also has a social side, putting on mid-winter and Christmas functions.

Wallace is sold. The tutors "do a marvellous job" and "email and talking on Skype are absolutely fantastic," he says.



Tutor Graeme Valpy, left, and Wallace "Wrinkles" Wratt go exploring.

Cute sites	Members of Nelson and Motueka SeniorNet suggest interesting websites to explore:
www.foodista.com	An online cooking encyclopedia based on the wiki concept – anyone with an account can edit recipes and make them better.
www.whichbook.net	A new way of choosing what you read.
www.grownups.co.nz	A site for older people. Provides an answer to most things.
www.nzcity.co.nz	You can set it up to do almost anything.
www.boston.com/b photographs_p.html	igpicture/2008/12/2008_the_year_in_ Stunning news photos.



A tea set in icing.

Beauty was never more ephemeral

"It's the only art I know where you put so much time and trouble in just for it to be destroyed."

Bev Schroder is a "sugar artist", creating masterpieces out of icing or gelatine to grace the top of cakes for weddings, birthdays and anniversaries. Delicate sprays of roses are painstakingly formed, petal

by petal, over many hours. The tiny "fill-in" flowers take even longer. The trend now, says Bev, is for a single large bloom, but even the detail in that is daunting, from the stamen to deepening

Bev Schroder says a single big bloom is the fashion.

e the shade of petals towards the flower core.

Yet, says the Richmond resident, her longest marathon of 70 hours went into a vintage car to commemorate a larger version restored by the 80th birthday boy.

Bev will recreate anything special from the celebrated person's life. Her CV includes a helicopter, television remote, a tractor and garden, snooker table, a skateboarding bull, and a muscled and naked 50th birthday boy lying in his bed – half-covered by a tastefully placed duvet.

One couple ordered a courier van (her job) and rubbish truck (his) travelling towards each other on New St, Nelson, where they first met.

(Despite all that effort, the hardest jobs, Bev says, are those where the customer gives her no instructions at all, leaving her to second-guess what might be appropriate.)

Weddings are her mainstay. She swells with pride when viewing her photograph of a bunch of arum lilies draped across a cake.





Tasty flowers destined for a wedding cake.

One matron-of-honour wanted a cake with a spray of flowers to match her mauve dress. Small complication – her sister's wedding was in England. Bev worked her magic, the 8kg cake

went into a suitcase, and the delicate spray was carried across the world as hand-luggage.

Cake decorating is like house painting in that much of the work lies in preparation, filling in holes and squaring corners of the cake ready for the layer of icing. Then Bev prepares her sheets of finer icing – so thin you can see the pattern of the table top beneath them – and dives into a

large toolbox of cutters and dental-like shapers, wire, brushes used to apply food colouring, shaping cones, crimpers, icing tubes and rolling pins. She sometimes makes her own cutters out of tin snipped from a golden syrup can.



The guild made a host of small cakes to give to Hospice workers as a "thank you".

She graduated to serious decorating after decades of turning out birthday and Christmas cakes for family and friends. A decade ago she joined the Cake Decorators Guild and has perfected

her skills at their monthly meetings. Her artistry has now become a part-time business.

Bev knows her masterpieces have a short life, but she feeds off the joy expressed by thrilled clients, and she has her photo albums to look back on.

Some special pieces she has kept, like a delicate china tea set, complete with tiny sugar bowl.

If you would like to know more about the guild, contact Bev on Ph. 544 1469 or Lyn on Ph. 03 541 8283.



Bev Schroder

is a "sugar

artist"

The birdmen of Richmond

The cry goes up: "It's a tui." Neil Page rushes to the captured bird and prepares it for banding.

Neil and three other men are having a busy afternoon, banding the birds drawn to a feeding station on his Richmond property. The banding is part of a four-year campaign by the Ornithological Society,

campaign by the Ornithological Society, with help from local groups such as Native Bird Recovery Richmond, to record tui numbers in the Nelson area. Similar teams are banding in Marsden Valley, and will be joined by others near the Brook Sanctuary when it is operational. The aim is to gauge how native birds are faring, and the extent of their roaming.

Neil cradles the bird, admiring its turquoise and glossy black feathers, plus the trademark white tuft on its throat.

"It doesn't matter how many you see, they're still beautiful," he says.

Haste is called for to avoid distressing the tui more than necessary. It is placed in a cloth bag and carried to the basement, where Ornithological Society member Willie Cook weighs it, extracts the tui and measures its

head to determine gender (the males are the big-heads), places a numbered metal band on one leg and a yellow band on the other. The bird's wing is measured, then it is released.

Willie, one hand bloodied from the tui's vicious talons, then weighs the bag and subtracts that from the total to determine the bird's weight.

All details are recorded in a book that will go to the Department of Conservation, which is assisting the society in this project. Willie holds a banding certificate from DoC, since it is illegal to capture – and even handle – native birds.

The Richmond crew have caught 55 tui in two months of four-hour sessions once a week. They have also bagged 166 silvereyes, 17 bellbirds, plus sparrows, thrushes and other introduced species. Some birds are caught more than once, adding to the workload.

At this site the natives outnumber introduced species four to one.

"The more information we can get the easier it is to protect our native birds," says Willie.

Neil and other Recovery team members are also doing their bit by slowly clearing the hinterland of predators. Traps in the Reservoir We're making a difference. You can

We're making a difference. You can see the number of birds increasing Neil Page.

Creek and Jimmy Lee Creek valleys have eliminated more than 1000 pests, half of them rats, with stoats, weasels, hedgehogs and mice making up the remainder.

"We're making a difference. You can see the number of birds increasing," says Neil.

(He is following in the footsteps of his dad, who used to trap for the Acclimatisation Society.)

Another cry goes up. Peter Field retrieves a pair of silvereyes, which are also banded and weighed. Bags of birds hang from a workbench vice waiting to be processed. Willie can't believe how flat-out they are.

"I've been interested in birds all my days," he says, ignoring his hand, which is bleeding again, courtesy of another tui.

Neil commiserates: "For a little bird they've got a lot of fight."

The Recovery team have set up a display board at the Stoke Library, which is reasonably central to the three banding points. The library will also collect information from another key element in the process – you.

Members of the public who spot banded tui are asked to report the colour (yellow for Richmond, white for Marsden Valley and eventually red or green for the Brook) plus the location and date of sighting. All such information will go into DoC's database. The department will report back to the individual banding teams on where their birds are travelling – which could be up to 30km for a tui.

So please keep your eyes peeled.

Head in the clouds, feet on the ground

" I used to lie on the lawn at home in Gore and look up in wonder and amazement at what it's all about.



Peter Knowles is still looking up in awe - to galaxies 30 million light years away. His boyhood fascination has translated into an observatory in his front yard in Richmond, and that hungry mind is reflected in a home full of restored weather instruments, model engines, machines and gadgets.

"They call this place the home of science, physics and engineering," he says with pride.

When the Tasman District Council commissioned Peter to design the sundial that would be sited in the centre of Richmond, he delivered a world-beater. Inspired by sun temples built by the ancient Anasazi tribe of North America, the sundial uses a band of light to denote time, rather than the usual shadow of a "gnomon". Peter says his device is accurate to within 10 seconds.

He and wife Joan run a homestay for space buffs that attracts many Northern Hemisphere astronomers (including famous British television presenter Sir Patrick Moore). Guests report that they have seen nothing like the Richmond sundial.

Peter is building an even better one to sit alongside the observatory at home. It is in a queue of bold and quirky devices under construction, including a boat propelled by electrolysis with saltwater, and a harp that will be wired to a musical keyboard.

He has probably the country's biggest collection of weather instruments in private hands, some of them beautiful creations in brass and wood that were discarded by agencies such as NIWA when they went digital. Peter feeds his weather readings to local forecaster John Mathieson.

A semi-retired engineer, Peter worked mostly with agricultural machinery. In his spare time he completed the big telescope that points to heavenly bodies such as the distant Sombrero Galaxy. His scope is as good as the one at Clifton Terrace School, he says.

He has also built a portable telescope that he takes around schools to show students phenomena such as binary stars and planets – visible even in daylight.

A motorised planetary simulator also does the round of Nelson classrooms, explaining not just our solar system, but eclipses, seasons and tides. Peter also has a home-built gyroscope and vortex chamber in his kitbag.

He covers the high-level physics with a "cloud chamber" used to track the behaviour of sub-atomic particles. In true Kiwi DIY fashion, the cooling unit is a modified household dehumidifier.

In addition to such outwork, the Knowles home is thrown open to groups or individuals interested in astronomy or science. Peter has built several sidereal clocks, which run on "star-map time", or 3min 56sec shorter than a standard day. The clocks – which look like props from a Harry Potter movie - allow him to track the position of stars more precisely on a revolving drum.

In the basement is a model of a beam engine. Its hammerhead shape is a feature of oilfields and they were commonly used to pump water. He also has a motor powered by an armature swinging between the Earth's north and south magnetic fields. Its power output is minuscule and the device needs a small boost of electricity to function, but it is intriguing to watch in motion.

Hydrogen fuel cell motors are another fascination. Peter also builds children's toys based on physics, such as two opposing magnets bouncing away from each other, and a Newton's cradle of swinging ball-bearings that we know as an executive desk toy.

He has just been given a Tasman District Council community award for his sundial, and sometimes wanders down to watch it being used or chat to people about the principles involved.

If he is in the mood for a shot of adrenalin, a land-yacht is tucked in the garage.

At 69, Peter declares himself in his best health in years -agrateful claim from a bowel cancer survivor. He still works part-time fixing farm machinery, and his list of home projects is daunting, but this is a "hobbyist" with no shortage of enthusiasm. Neighbours can expect the sound of beautiful harp music to waft across soon, played by a maestro of



Peter Knowles plans to fit solenoids that will stroke each string of his harp by remote control.

Happy birthday to Isel

Isel House celebrated its 160th birthday in style in September with the cutting of a Victorian-style cake, live music and the 80 to 100 guests enjoying a tour of the Stoke house, which had restored paintings, furniture and china back on display.

Isel House

celebrated its 160th

birthday in style

Curator Sally Papps says Nelson actors Roger Sanders and Grace Deathridge portrayed James Marsden and his

sister Frances, with the former giving an account of his life. Extracts included:

"In 1841, at the ages of 31 and 23, my parents Thomas Marsden and Mary Charters Marsden came to live in Nelson. They hailed from Cockermouth, Cumbria, on the ship named the Prince of Wales.

The section my father had purchased before leaving England was in Gloucester Street – a swamp, no less! So they moved on to Nile Street / Selwyn Place.

I was born in March 1844 in the Nile Street house, opposite Shelbourne St.

Here, my father Thomas was a watchmaker.

By 1845 my father was really worried as to whether he'd made the right decision about coming to Nelson. Nine-tenths of it would belong to absentee landowners, which would be worse than Ireland.

Father thought stock might pay, but not tillage. This was a bit of a prophesy as he went on to put energy into sheep breeding, which has really paid off. In 1876, our sheep were described in the local paper as "perfect marvels in the way of mutton, a mountain of fat about the size of a shilling cake rising over the tails of each. Such sheep were never seen in Nelson before".

By 1848 my father had acquired land in Stoke – his dream to be a country gentleman. My parents began building our home. An easterly storm blew down the framework, so we moved down the valley to this spot, where the house still stands today.

Our neighbour, Mr Saxton, dropped by in September 1849. Mother gave him a tour of the new house – which Saxton declared that, once finished, "should surely be the grandest in all the colony". (Little did we know it would take 65 more years to complete.)

My father also began planting seedlings of

trees. The first were pines. Father carted soil to create beds for the seedlings.

When I was six, my father gave half an acre of land to allow a school to be built. But this was moved down the road in later years to

> make way for St Barnabas Church being built.

As a lad, I attended Nelson Boys College, walking into town and back every day.

By the 1860s, we were living the genteel country life in our comfortable home of four large rooms and a kitchen. Reluctantly, my father Thomas became the Waimea East Representative on the Provincial Council in 1860.

In 1866, when I was 22, St Barnabas Church opened. I pay ± 1 a year to sit in the front row every Sunday – and woe-betide anyone who dares to sit in my place.

In 1876, when I was aged 33, Father died and I inherited the property and responsibility of 930 acres.

Additions to our home were carried out from my own drawings, and those of Melrose House architect John Scotland in 1883. One of the workers, Mr Tibble worked six days a week on the house, and walked from Nelson every day. The stones came from up the valley. When he'd finished the project, I gave him a bottle of very mature beer – he didn't drink much, but he sure enjoyed that bottle.

Here in Stoke today, I am keen to get a butter factory up and running. I am also working on getting my sheep exported as frozen meat to England – the first boatload to ever go overseas like this.

All the food at Isel comes from the earth, with mutton from the farm and vegetables from a well-planned garden, which consists of the usual orchard fruits, together with raspberries, loganberries, cape gooseberries, black and red currants, and many other delights.

We have a cook here at Isel, Miss Sixtus, who always appears lavender and lemonfresh. She is responsible for my love of food. She has the most wonderful ability in turning our produce into magnificent feasts – supplying the most toothsome and crustiest bread, fresh jam and cream. Sunday roasts that rival any Christmas dinner. Her trifles and custard sauce the best one could wish for."



Grace Deathridge and Roger Sanders as Frances and James Marsden. (Photo: Lynda Pike)

Dancing the nights away

The golden age of dances in the Nelson region, when local halls would jump to the sound of live bands on Friday and Saturday nights, has been recalled in a new book Melody Fingers and Dancing Feet, by Evered (Frosty) Goodall, who grew up during the era.

From the 1930s to 1970s the Foxtrot, Maxina and Valeta gave way to rock'n'roll gyrations.

The makeup of dancers ranged from young locals and seasonal workers to the social elite, kicking up their heels into the wee small hours, with a break for supper about 10.30pm.

More formal balls were a regular fixture on the calendar.

Frosty roll-calls a formidable list of performers, such as the Doug Heinz Dance Band

("He set the standard for others to follow"), the Embassy Orchestra, Ladybirds, Samoan Stringsters and the Rythmaires. He also unearths a few quirky tales:

* **Drinking laws** prohibited the consumption of alcohol within half a mile of a public dance – spawning the Kiwi custom of blokes nipping out of the hall for

a sly guzzle of beer. One season the Boathouse dances coincided with several social evenings at the Yacht Club next door. Some boaties wanted to alternate between halls – a definite no-no.

The port constable, Alf (Blossom) Lake, would stand outside either hall to stop this, but patrons soon figured out that by walking along the foreshore under the two buildings (tide permitting), then climbing

the stairs opposite the Harbour Light Store, they could approach the Boathouse from the other direction.

Doug Heinz Band, 1962.

* High spring tides corresponding with strong surges had the tendency to lift planks from the Boathouse floor, requiring a quick nail-down. Such conditions left the floor sticky for dancers, "but what the heck – the guys and dolls still got together." * The ball thrown to farewell the 100-year-old Takaka Public Hall drew 300 revellers to dance to the music of Nelson legend Doug Heinz, who invited fellow giants Keith Reynish and Noel Haase to join the band for the night. At the outset dancers were warned to avoid one corner and a soft spot near the door, and the Gypsy Tap was restricted to 150 dancers who bounced across the wooden floor, which had detached from its piles in a few places.

> Coincidentally, Motueka Rodeo Club members had ridden over the hill to Takaka for the weekend. When the group heard about the final dance, rider Merve Voigt, who had brought his bagpipes along (as you do), was led into the hall sitting on his horse and belting out a tune. The unflappable Doug picked up the melody on his violin and urged the dancers to carry on. Someone fetched a bucket and stood behind the horse "just in

> > case". (Early the next Monday morning the hall burnt down.)

One Grand Carnival and Bazaar in Nelson featured Pixie Town, "the mechanical marvel of the age", with some of the little "moved creatures on by an ingenious mechanical system", Frosty writes. Music, again, was provided by Doug Heinz and band.

* The Highland Balls continued for 33 years and Doug's band played for all but two of them. He was renowned for his energetic leaps and dancing as he played.

* Mac Brownlie recalls that the Bridge-Collingwood Street intersection was dubbed "Four Spirits Corner" because of the Royal

and Wakatu hotels on one side, a petrol station (now Brownie's mattress store) across the road, and a Rechabite Temperance Church completing the "spirit" set, on the site of what is now the Fresh Choice supermarket.

Melody Fingers and Dancing Feet is Frosty's fourth book. It is available from some bookstores or contact him on Ph. 03 547 2472.







Take in a night in Ohakune, Palmerston North and Wellington, and 3 nights in New Plymouth. See gardens from Hawera to New Plymouth and Stratford. Tour the coast around Mount Egmont/ Taranaki and travel the historic Forgotten Highway, Ph 03 539 0834.

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Choristers return to "birthplace"

The National Male Choir of New Zealand will return to Nelson, where it was formed in 1999, to celebrate its 10th anniversary at Labour Weekend.

The choir was formed almost by accident. Nelson Male Voice Choir member Ron Saunders had propelled that group to join the Welsh Association of Male Choirs in the 1990s, resulting in an invitation to sing at the Millennium Concert in Cardiff.

But not enough Nelson choristers could make the journey. A national recruitment campaign resulted in 72 choristers gathering in the city for their first practice together at Labour Weekend 1999.

With Nelson's Pete Rainey as musical director, the choir and supporters left New Zealand in June 2000 for a 10-concert tour of Wales, including the Millennium Concert, which featured 800 singers from around the world.

Since then the choir has performed throughout New Zealand. In 2005 it returned to Wales, competing in the International Eisteddfod in Llangollen. In 2007

choristers toured to Australia, and next year they will travel to Europe, competing again at the Eisteddfod, and singing at concerts in London, Paris, Staltzburg and Vienna.

The 10th anniversary concert will feature A New Sky, a fivepart song cycle written for the choir by leading Kiwi composer Phillip Norman. The piece expresses how New Zealand evolved with the arrival of Europeans. The Metropolitan Male Choir of South Australia will also perform at the concert.

A public concert is scheduled for Saturday 24 October 2009 at Nelson College. Tickets will be available from the School of Music.

A church service will be held at Nelson's Cathedral on Sunday 25 October, where the choir will perform the Josef Rheinberger Mass Opus 172.

> To mark Nelson as the birthplace of the choir a banner will be presented by the Mayors of Nelson and the Tasman District Council.



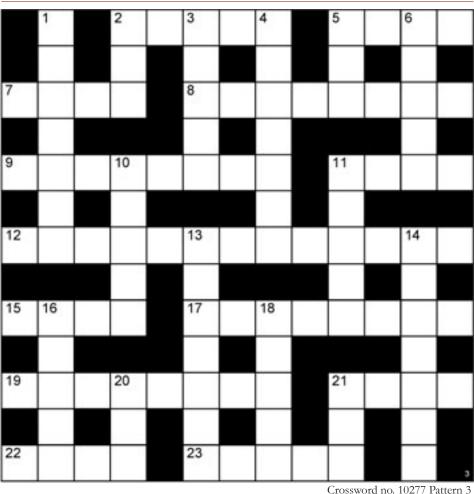


Across:

1. Making glass better (6,7)

W I N D O W T I N T I N G

Crossword



HARDER CLUES

CLUES ACROSS

- 2. Make a lofting stroke at geese flying in formation (5)
- 5. South Africa and the Middle East are identical (4)
- 7. Is mad to come back and put the knife in (4)
- 8. They aren't paid to use a tram for them (8)
- 9. Meeting the federal legislature (8)
- 11. Wan beyond which it's unacceptable to be (4)
- 12. Am bad as sailor of His Excellency's (13)
- 15. Degas didn't finish when upset and elderly (4)
- 17. Does away with dye and sorts it out (8)
- 19. The coast road, once rich in its sinuosity (8)
- 21. Reserve the libretto (4)
- 22. Organist won't cease to pull it out, though (4)
- 23. Crazed party abstainer attends at end of May (5)

SIMPLER CLUES

CLUES ACROSS

- 2. Pack in tightly (5)
- 5. Not different, unchanged (4)
- 7. Thrust dagger home (4)
- 8. Non-professional performers (8)
- 9. Assembly of delegates (8)
- 11. White-faced (4)
- 12. Relating to diplomatic minister abroad (13)
- 15. Old (4)
- 17. Ruins, puts an end to (8)
- 19. Coastal road along cliff (8)
- 21. Volume (4)
- 22. Halt (4)
- 23. Crazy, scatterbrained (5)

CLUES DOWN

- 1. Plant-destructive caterpillar (7)
- 2. Spider's trap (3)
- 3. Male of duck (5)
- 4. Slipped away (time) (7)
- 5. A female (3)
- 6. Lesson taught in fable (5)
- 10. On the large scale (5)
- 11. Less adulterated (5)
- 13. Enticed way from proper conduct (7)
- 14. Whichever person (7)
- 16. Old English fourpenny coin (5)
- 18. Sugary (5)
- 20. Small quantity of spirits (3)
- 21. Coastal inlet (3)

CLUES DOWN

WINDOW TINTING

0800 484 697

- 1. Destructive caterpillar or two in a dog starting to moult (7)
- 2. You and I start building a silken trap (3)
- 3. A Viking ship of war for an Elizabethan admiral (5)
- 4. Pleased to have broken up as time went by (7)
- 5. The woman who will lose weight endlessly (3)
- 6. It is ethically right for me to lose half on the viva voce (5)
- 10. The piano rang out with opening of 'Dutchman' (5)
- 11. It is more refined to have back-up and err about it (5)
- 13. Led astray by the South, deduce the outcome (7)
- 14. Whatever person gets by on day of turmoil (7)
- 16. Nanny is about right in old money (5)
- 18. Dessert set we put out (5)
- 20. Go so fast, one may feel the pinch (3)
- 21. Sound like a hound in the window recess (3)

13x13 Two-Way crossword supplied by the Puzzle Company. www.ThePuzzleCompany.co.nz - info@ThePuzzleCompany. co.nz

Answers page 14

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Answers pa

From Box Brownie to digital, and still winning

Ollie Reid could be described as a serial A & P show entrant – and habitual winner. She first competed in the photography section at Murchison in 1949, with hand-coloured black and white snaps taken on a Box Brownie.

Six decades later, her entries for the upcoming Richmond show on 21-22 November will be shot on a 10-megapixel digital camera with a monster zoom, and she plans to manipulate the image on her laptop.

Over those 60 years Ollie has competed in the Reefton, Westport, Blenheim, Motueka and Takaka shows, picking up a swag of trophies and ribbons. Her photographic skills have been honed as a member of several clubs and the New Zealand Photographic Society.

The 72-year-old has also entered A and P knitting, cooking, cake decorating, cut flowers, vegetables and floral art sections.

"Tve won all the cups in those shows, some of them more than once.

Her children Caroline and Gordon inherited the bug. The trio once took a hat-trick of cups at a show, in the Junior, Intermediate and Open cooking.

Ollie admits that she was initially attracted to the competitions because her family needed the prizemoney, but she is a show fixture now, having exhibited her handiwork at Richmond since 1971. She now has A and P membership and made many good friends along the way.

Her passion for photography began as a 10year-old armed with the Brownie, following in the footsteps of her dad, who was a keen amateur photographer.

Ollie has owned half a dozen cameras since, and has branched into movie-making with a digital Handicam. She edits her footage on her laptop, adds a title and music, some fancy transitions between scenes, and compiles the lot into short films.

Ollie reckons she has made about 50 such shorts. Topics range from the 2005 Battle of Trafalgar celebrations in Nelson, to trips to Australia, or the roadworks in her street.

She packages these films into a 45minute programme that Ollie, a former nurse, takes around resthomes to entertain the residents. (Her husband Doug is now in a home.)

She is also putting images and music to readings of her poetry. Those poems and her photographs have already been compiled in two self-published booklets that have sold in the hundreds with all proceeds going to the Hospice.

Wolseley cars are Ollie's other weakness. She has three in the driveway, two of them given to her and awaiting restoration. She is a life member of the local club and plans to drive one of the cars to Christchurch for the national rally next year.

The body is slowing down, though. She has had one lot of surgery for cancer (now in remission), three spinal surgeries and her hip and feet give her trouble, but these are viewed as temporary set-backs and her enthusiasm for life is undiminished. Ollie would love to follow the Buller River from lake to sea as a photographic journey, and has a long list of other projects to pursue.

A new Fantasy photography section at the next Richmond show has fired her up with the prospect of combining her skills with

the camera and computer. The trophy cabinet may need enlarging again.



Ollie Reid with her passions.



Clogging to a loud beat



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It sounds pretty good when you get a big group doing it.

Cloggers have probably puzzled many Nelsonians with their name, but the dance style has nothing to do with thumping across a floor in chunky wooden shoes.

Clogging (the word is Gaelic for "time") could best be described as flat-footed tap, says Georgina Higgs, who has danced for 11 years and taught for 8 years. Whereas tap dancers drum out a beat with metal plates in the toes and heels of their shoes, cloggers have two plates, front and back, with a loose top plate over each to give a rattle effect.

"It sounds pretty good when you get a big group doing it," says Georgina.

Which is what the group did at their national convention in Motueka at the end of July, involving about 60 dancers, including a tutor and cloggers from Australia.

(Some Kiwi dancers travel every year to the Australian clogging convention, which is run in a similar way to local conventions – workshops and social dancing, with no competitions.)

Nelson-Tasman is a stronghold of the dance, with only three other clubs in New Zealand, at Auckland, Napier and Invercargill.

Georgina says no partners are required since clogging is usually done in lines or sometimes circles, but you can also dance with a partner. Most of the original Nelson dancers gravitated to clogging from line dancing.

Learning new routines is a challenge, she says. However, moves are cued by the instructor, as they do in aerobics, so you don't necessarily have to remember complex routines, just the steps themselves.

The Nelson club has a membership of 15 and is very social, says Georgina.

Clogging is also described as Appalachian mountain folkdance, and a mix of tap, Irish and Scottish dance. To get a better idea, go to www.youtube.com/watch?v=YM6lRIg0ySM. Check out Nelson Sun City Cloggers' website www.dancenelson.co.nz.

New members are welcome. Contact Georgina Higgs on Ph. 03 545 1037.

Cros	sword	solut	ions
ACROSS		DOWN	
2. Wedge	15. Aged	1. Cutworm	11. Purer
5. Same	17. Destroys	2. Web	13. Seduced
7. Stab	19. Corniche	3. Drake	14. Anybody
8. Amateurs	21. Book	4. Elapsed	16. Groat
9. Congress	22. Stop	5. She	18. Sweet
11. Pale	23. Dotty.	6. Moral	20. Nip
12. Ambassa	dorial	10. Grand	21. Bay.

Have Your Say - "A 4 A"



At Tasman District Council we are setting up a proactive forum to address issues regarding 'accessibility' and mobility to make it 'Available 4 All' across the region.

We want to set up a programme to aid 'accessibility' and your input is paramount. Accessing your knowledge on issues that affect you and others is important so that we can gain a better understanding. We can then work towards giving our region an A* service.

We would like to invite you along to a workshop that is taking place on Tuesday 27 October 2009, from 2.30 pm - 4.30 pm at the Tasman District Councils Richmond office. This is your opportunity to have your say on 'accessibility' and mobility issues.

Have Your Say - join A4A

If you know of any other groups or individuals that would be interested in attending this forum then please pass on the details to them.

If you are planning on attending then please RSVP by Friday 23 October 2009 to Krista Hobday Ph. 03 543 8551, e-mail krista.hobday@tasman.govt.nz. You can also contact Krista if you require any further details on this event.

Nelson City Council seeks feedback on access issues

Nelson City Council wants your help to identify accessibility challenges around the Nelson area that may:

- Limit your ability to walk or travel in and around your neighbourhood and the city
- Make it difficult for you to physically carry on with day-to-day activities
- Limit your access to Council facilities.

Anyone may be affected by accessibility issues, whether it's using a pushchair at the park, walking with a cane down the footpath near your home, or making your way through the Stoke shopping centre with a mobility scooter. The Council is committed to developing communities that are accessible to all.

A workshop on the topic is planned for early 2010 and as a first step, the Council wants to hear from you, as part of the discussion about how to manage accessibility issues in and around Nelson. Please take 5-10 minutes to answer the following survey questions and post your responses by freepost before Friday 30 October 2009. Your responses are confidential. Although some of the information we are asking for may seem personal, we are trying to collect the best information we can to aid our planning.

Please keep in mind that you can contact Nelson City Council at any time about an issue that is limiting your access, eg. potholes or overhanging vegetation. Tell us if you come across a problem – we can help to fix it. Call a Customer Service Officer on Ph. 03 546 0204 or visit the Nelson City Council office Monday to Friday, 8.00 am - 5.00 pm.

SURVEY

Your	response	is requeste	d by Frida	ay 30 Oct	ober 2009.

- 1. Describe in as much detail as possible the challenges you face as you:
- a) Walk around your neighbourhood and Nelson's central business district.

b) Travel by mobility scooter, wheelchair, car or bus to local shops and/or through Nelson, including the central business district.

c) Access Nelson Cit	ty Council owned or ope	erated facilities (eg libraries,
sports stadiums, swin	nming pools, toilet facilitie	es, carparks).

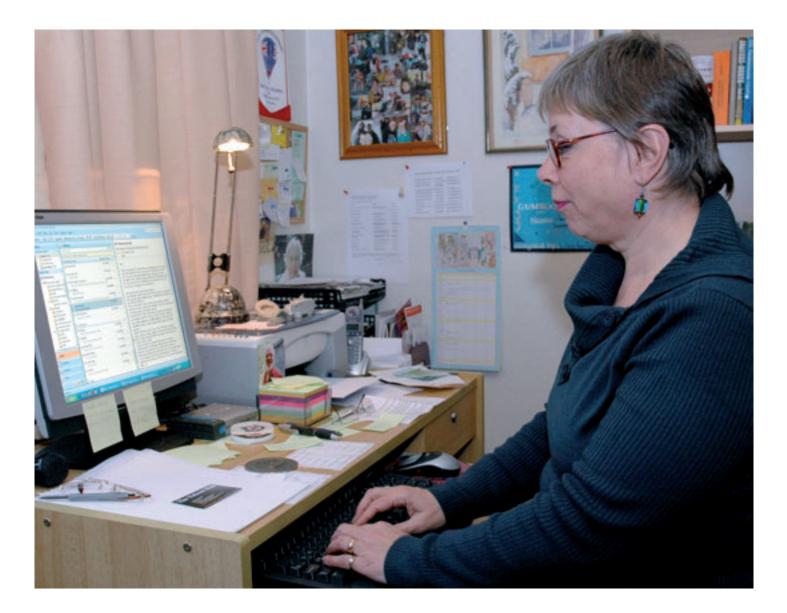
d) Please describe any other access issues you face on a regular basis.

2 Identify particular locations in the Nelson area that concern you, areas that you frequently experience some of the challenges you described in

Question 1. 3. Please tell us if you have a specific access issue or disability. This information

will help us better understand the needs of our Nelson community. Examples include: hearing impairment, parents using pushchairs, impaired eyesight, use of a cane or walking aid, use of a mobility scooter or wheelchair etc.

Name:	
Address:	
Daytime telephone:	
Thank you again for participating in the survey. Return y Freepost to:	your responses via
Freepost 76919, Attention: Accessibility Survey Nelson City Council, POB 645, Nelson 7040	NELSON CITY COUNCIL te kaunihera ō whakatū



The stuff of romantic fiction

Life imitates art, they say, and Nelson writer Annika Ohlson-Smith sometimes wonders if she is living the plot of a romantic novel – with a horror story thrown in.

Her first meeting with husband Allan, for instance, would be dismissed by critics as an implausible Mills and Boon contrivance. It began when Annika was a teenager in her homeland, Sweden.

As part of classes in English, her teacher suggested getting a penpal. Annika strode up to a world globe, plonked a finger on Sweden, put her other hand on the other side of the ball, and found New Zealand. The idea of corresponding with "a little native boy or girl" was appealing, but she received a reply from a "blonde, blue-eyed girl from York – so that was a bit of a disappointment." She is joking. The pair have become lifelong friends. As an adult in Sweden, Annika, husband and children began visiting her penpal in New Zealand and fell under the spell of Kiwi hospitality, the warmth of the people – "they just open their homes" – and especially the landscape. (She now

I love the feel and smell of a book, and holding it.

lives in Tahunanui and still marvels at being able to swim in the sea in autumn and look up to snow on the Mt Arthur range.) In 1993, Annika visited alone, heartsore amid a disintegrating marriage, and first encountered teacher Allan Smith, a mate of her penfriend's husband. Allan was himself recovering from an emotional bruising.

Two years later Annika was back, met Allan again and the flame sparked.

Her penfriend and husband deny match-making, "but whether they were or not, they succeeded".

Writer meets the love of her life through the power of words – it's the stuff of romantic fiction. Annika has kept all her penfriend's letters and photos, intending one day to tell the whole saga of parallel lives (penfriend's marriage

broke up about the same time as hers) and intriguing side dramas (penfriend had cancelled a Wahine ferry booking for its fateful voyage). Annika, who is the latest winner of the Mudcakes Rimu Grove Creative Writers series, works in both her native Swedish and English, occasionally translating tales between the two. Some stories or poems are "good in one language and not at all in the other". She sells her short stories and poems to a Swedish magazine (18 so far) and has a serialised novel in half a dozen parts that she is pitching to them, with another in the works.

Her short story The Phone Call, about the torment of being half a world away from her ailing mother, was highly commended in a recent Page & Blackmore competition.

Annika is now in the midst of another family drama. After her son's marriage broke up in Sweden, his wife fled to Norway with their young daughter and has virtually gone into hiding.

Annika's devastated son has not seen his daughter in three years. Christmas and birthday presents from an equally anguished grandmother are piling up in a drawer in Sweden. If there is a happy ending to the tale, it is nowhere in sight.

Meanwhile, Annika keeps herself busy at the wordprocessor with poems and prose. She is in the Nelson romance writers' group, describing her style as "sweet romance". The "hot and spicy" type, featuring exhaustive sex scenes that last four chapters, doesn't grab her.

Too little plot; too little story – it's not interesting.

She is constantly improving her literary skills through critiquing by members of another writer's group.

Several of the local romance writers have sold novels overseas, including to the new e-book format, where for a few dollars the text is downloaded to a laptop-type device for reading.

Given the high price of books in New Zealand, e-books will find a market, but not for Annika.

"I love the feel and smell of a book, and holding it." No "technological doozie" can give as much pleasure, she says – and what if the batteries die at an exciting point in the story?

When not engrossed in reading or writing, Annika and Allan are out on their motorbike with the Ulysses club. They don't see the need to own a car.

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RIMU GROVE WINERY

Creative writers series

Rimu Grove Winery supports the creative writers among you by sponsoring this section of Mudcakes and Roses.

Send in your poems and short stories to us and if your work is published you will receive a bottle of Rimu Grove wine.

We've had some great entries and the winner for October/November was **Annika Ohlson-Smith.**

Send entries to:

Rimu Grove Creative Writers Dry Crust Communications PO Box 3352 Richmond,

or email to info@drycrust.com.

Before and After

Annika Ohlson-Smith

Before -

I had an academic job. An endless stream of paperwork where I had to use my brain. Not a moment left for dreams.

After –

I had a cleaning job. An endless stream of vacuuming where I could dream my dreams. Not a moment left for my brain.

PROGRAMMES & EVENTS - OCT/NOV 2009

This section lists programmes and events on in the Nelson Tasman region.

If you would like to publicise your event or activity, send your details to:

Mudcakes and Roses PO Box 3352, Richmond, Nelson or email info@drycrust.com or Ph 03 544 4975 Fax 544 4951

Deadline for material for the December/January Issue is 12 November 2009.

Nelson Arthritis New Zealand

Nelson Bays Service Centre: Enabling a better quality of life for those with arthritis. Contact us on 03 546 7689 or freephone 0800 663 463, or at the Community Groups Centre at 50 Halifax Street, Nelson.

Hours Monday - Thursday, 9.00 am - 2.00 pm. Membership \$35.00 individual, \$50.00 household.

Clinics - free 45-minute sessions with the Arthritis Educator to talk over how you are managing with your arthritis and decide on a plan to help you. Membership not required, donations are welcome. Please phone the Service Centre for an appointment (except for Golden Bay). The next date is: Stoke Hurst & Taylor Pharmacy - Wednesday 5 August.

Casual water therapy sessions at Ngawhatu Pool seven times a week, including the new time of Tuesdays from 9.30 - 10.30 am. You need to be a member of Arthritis New Zealand and a small charge per session applies. Phone the office for more details.

Fibromyalgia Support Group. We need people to help run informal support sessions. The Nelson group needs a new volunteer coordinator if meetings are to continue in 2009. Richmond group meets in the afternoon or evening. Phone the Service Centre for details.

Cardiac Support Group

The Heart Foundation and Cardiac Liaison Nurses from Nelson Hospital provide information and support to people affected by Cardiovascular Disease. We hold a three-monthly get together for patients on waiting lists through to patients who had interventions several years ago, providing support through shared experience.

A guest speaker covers issues of interest and concern. The group is for anyone with, or at risk of, heart disease, and their families. For details and an invitation to the next meeting please contact Averil at the Heart Foundation, Ph. 03 545 7112 or email: averilw@nhf.org.nz.

Diabetes NZ Nelson Diabetes Awareness Day

A full day on Friday 20 November 2009 will include:

- Information stalls in Trafalgar Street, Nelson, and the Richmond Mall.
- A family cooking demonstration at Victory Community Hall Friday evening - free entry and tasting. All welcome.
- Sausages sizzles by Peter Ransfield at The Warehouse or Countdown Nelson.

Free Education Courses For People Who Have Type 2 Diabetes:

Three courses are presented annually. The next two, which are six-week courses, are in February and May 2010. Ph. 03 545 0106 for more information.

Diabetes Information Centre:

- 50 Halifax Street, Nelson, Ph. 03 546 6142. Hours: Monday, Wednesday, Friday 11.00 am - 2.00 pm, staffed by volunteers. We stock a wide selection of jams, sauces, recipe books etc.
- Pamphlets explaining diabetes are also available.
- The Society newsletter Challenge is issued quarterly and is free to all members. Membership \$22.50 annually, open to all interested persons.

Hands on for Himalaya

Indulge your body and spirit with a wide range of natural therapies and enjoy delicious Himalayan food. Sunday 4 October, Hampden Street School Hall, Nelson. 11.00 am to 4.00 pm. Entry: \$5 All proceeds to support the First Steps Himalaya Early Childhood Development Project in Nepal. For more information contact Fionna on Ph. 03 545 1903. Visit: www.firststepshimalaya.org

Hearing Association Nelson

Hearing Association Nelson offers support and education to anyone affected by a hearing loss. We also have two social groups, offering support, friendship and fun. Social Group meets on 8 October when our guest speaker will be Nelson Mayor Kerry Marshall, 10.00 am - Noon with morning tea provided; gold coin donation appreciated. Then Social Group meets on 5 November, when Miles Hursthouse will talk about the 1931 Napier Earthquake. The Getting Together group meets on the second Tuesday every month at 7.15pm for activities and companionship. Contact us at Hearing House, 354 Trafalgar Square, Nelson, Ph/fax 03 548 3270 or email hearingnelson@xtra.co.nz

Government Superannuitants Association

Are you a retired State employee receiving an annuity as a result of your salary contributions to the GSF while employed? The Nelson branch of the GSA produces three newsletters a year, holds three social functions a year, and there are two national newsletters a year. Visit www.gsa.org.nz or contact Graeme Valpy Ph. 03 547 6007 or email nelson@gsa.org.nz

Nelson Fifty-Plus Walking Group

We offer farm walks, mini walks and fortnightly tramps for people with a higher degree of fitness than the average walker. Drivers of all cars are asked to notify the leader of the day of their intention to walk and to confirm meeting place. Passengers are asked to contribute to the cost of petrol at 10 cents a kilometre. Come prepared for adverse weather. No smoking or dogs on walks. Contact Noel or Carolyn Ph. 03 544 2286.

Tuesdays 6 October

6 October 20 October 3 November 17 November	Nydia Bay Bishops Peninsula – Delaware Bay Rainy River Lake Rotoroa
Thursdays 1 October 15 October 29 October 12 November 26 November	Browning Hut Maitai – South Branch Dun Mountain (Note: walk is 8-9 hours) Supplejack Track – Maitai Valley Beebys Knob
Mini Walks 13 October 27 October 10 November 24 November	Champion Road Walkabout (Raeward Carpark) Motueka Walkways – Saltwater Baths End Mt Heslington (Washbourn Gardens) City to Marina (Trafalgar Ctr Carpark)

Nelson Provincial Museum Exhibitions

For info visit www.museumnp.org.nz

Nelson Dance Along

10 and 24 October and 14 November. Time: 7.30 pm - 11.00 pm at Richmond Town Hall. Admission \$3.00 member, \$3.50 non-member. Supper provided. Rosalie Winter Ph. 03 548 2236.

Stoke Seniors Club – Social seniors moving forward

As a club we are committed to providing a programme that will meet the many leisure and recreational needs of seniors in the Nelson Tasman district.

Give us a call – you never know what might be going on! Contact Christine, Anne or Ruth on Ph. 03 547 2660 Email: stokeseniors@xtra.co.nz

Regular activities

Scrabble Club - Mondays 1.00 pm (Stoke Seniors Hall)

Euchre – Tuesdays 10.30 am

Mah Jong - Tuesday 1.00 pm (Stoke Seniors Hall)

500 Club – Wednesdays 1.00 pm. Come along for a fun friendly game. New and experienced players welcome to all games.

Art class – Mondays 10.00 am & 1.00 pm

at the Stoke Memorial Hall. Cost \$4

Walking group – Tuesdays 10.00 am from the Stoke Memorial Hall Car Park. A casual walk of about 1 hour.

Tai Chi – Beginners class on Wednesday at 10.00 am

Gentle exercises - Thursday 11.30 am

Pilates – Beginners class on Wednesday at 10.30 am. Cost \$5 All the above classes meet in the Stoke Memorial Hall

Monthly Movie – third Thursday afternoon of each month. Ph. 03 547 2660 to check what's on and starting time

Housie – second Tuesday and last Wednesday of the month. \$5 a card, win cash prizes and have some fun!

Social Seniors Choir ("The Musical Demons") – meets on Thursdays from 11.00 am to noon in the Stoke Memorial Hall. For further details contact Anne

Card Making – (8 week course) Thursdays at 1.15 pm in the Stoke Memorial Hall. Cost: \$3 per session

"Lads at Large" and "Girls Own" trips – once a month on Fridays. For details contact Ruth or Anne

Travel Club – for information about special trips please contact the office on Ph. 03 547 2660 or e-mail stokeseniors@xtra.co.nz

Also Tuesday-Thursday Meals – a two course meal at midday for \$8 (non-members), \$6 (members). Please Ph. 03 547 2660 to book (preferably by 9.30 am the day before).

Stroke Foundation Caregivers Support Group

The Stroke Foundation in Nelson provides a monthly meeting for stroke caregivers, spouse, partner and families who are caring for a loved one. We meet the first Monday of every month, at the Strawbridge Cafe Stoke Mall, at 1.30 pm - 3.00 pm. Information, Education, Help and Support are available and education on Understanding and Preventing Stroke.

Next meeting: Monday 5 October. Inquiries to Anne-Marie on Ph. 03 545 8177 or 027 216 0675.

Richmond

Age Concern activities

62 Oxford St, Richmond

Wednesday 9.00 am to 1.00 pm - various activities

Thursday 10.00 am to midday - knitting and companionship group

Friday 10.00 am - Age Concern Easy Exercises Morning tea to follow, \$1. Wheelchair hire available Contact Elaine Mead, Ph. 03 544 7624

Age Concern offers: Client Support and Activities Ph Elaine Mead Activities Coordinator Ph. 03 544 7624

Prevention and early intervention of elder abuse

Jim Davis Ph. 03 544 7624 In-home Support Services. Kerrie Varcoe Ph. 03 544 7624

Club 50

Club 50 is a social group of mature adults looking for companionship, recreation and enjoyment. We welcome new members. Contact Jackie on Ph. 03 544 3955 or email trrc@nel.sporttasman.org.nz.

6 October	9.30 am	Maitai Walk \$2.00
13 October	9.30 am	Teddy Bears Morning \$2.00
20 October	9.30 am	Op Shopping
27 October	9.30 am	Maitai Valley Miniature Railway \$4.00
3 November	9.30 am	Tasman Bay Roses, Motueka \$2.00
10 November	9.30 am	Railway Reserve Walk \$2.00
17 November	9.30 am	Whenua iti Outdoors \$15.00
24 November	9.30 am	Orienteering @ Rabbit Island \$2.00

All activities start at The Tasman Recreational Resource Centre (TRRC), 9 Cambridge Street, Richmond – unless otherwise stated. Outdoor activities are weather dependent but alternatives will always be available

Motueka Motueka District Museum Exhibition

"Time Gentlemen Please - Bottoms up in Motueka" – the story of some of Motueka's best known hotels. The exhibition is about five local hotels - the Travellers Rest (now the Riwaka), the Riwaka Inn, Hotel Motueka, Post Office and the Swan. Museum hours are Mon to Friday 10.00 am - 3.00 pm. 140 High St, Motueka Ph. 03 528 7660

Motueka 50+ Walking Group

All walks leave Decks Reserve car park at times stated. Meetings on the last Thursday of each month in the Uniting Church Hall (rear of church), High St, at 9.30 am. Visitors always welcome. Contact Chairperson: David Collis Ph. 03 526 6797 or Secretary: Gabrielle Finnigan, Ph. 03 540 3400. Members who do not wish to start early on the walks can assemble at Deck's Reserve at 10.00 am to agree an alternative option.

1 October		Moa Park or 9.45 Canaan Carpark M/H
	10.00 am	Hawkes Lookout & (walk)
		to Ngarua Caves E
8 October	9.00 am	High Peak or 9.15 Brooklyn Reserve
	10.00	M/H
	10.00 am	Motueka Walk: Lillian's and
	0.00	Cattermoles' Gardens E
15 October	8.00 am	Wangapeka for ALL or 9am Rolling River E/M/H
	10.00 am	Marahau Sandpit & Wetlands LW 1.00 pm E
22 October		Rawhiti Caves, Wainui Falls,
		The Grove M
	9.30 am	Lake Killarney, The Grove,
		Wainui Falls É
29 October	10.00 am	Meeting + Hoddys Road E
5 November		Canaan Downs for ALL – new walks
5 November	9.00 am	Canaan Downs for ALL – new walks Grand Tour or Canaan Carpark for
5 November	9.00 am	
5 November		Grand Tour or Canaan Carpark for 9.45am start M Gold Creek area
5 November		Grand Tour or Canaan Carpark for 9.45am start M
5 November 12 November	9.30 am	Grand Tour or Canaan Carpark for 9.45am start M Gold Creek area (park by 2nd cattle stop – 10.15am start) E Flora for ALL
	9.30 am	Grand Tour or Canaan Carpark for 9.45am start M Gold Creek area (park by 2nd cattle stop – 10.15am start) E Flora for ALL Lodestone (520m ascent in 2km) H
	9.30 am	Grand Tour or Canaan Carpark for 9.45am start M Gold Creek area (park by 2nd cattle stop – 10.15am start) E Flora for ALL Lodestone (520m ascent in 2km) H Flora/Mt Arthur Hut Circuit M
12 November	9.30 am 9.00 am	Grand Tour or Canaan Carpark for 9.45am start M Gold Creek area (park by 2nd cattle stop – 10.15am start) E Flora for ALL Lodestone (520m ascent in 2km) H Flora/Mt Arthur Hut Circuit M Gridiron, possibly Thorn Tops E
	9.30 am 9.00 am	Grand Tour or Canaan Carpark for 9.45am start M Gold Creek area (park by 2nd cattle stop – 10.15am start) E Flora for ALL Lodestone (520m ascent in 2km) H Flora/Mt Arthur Hut Circuit M Gridiron, possibly Thorn Tops E Lake Sylvester and Cobb Area or 9.15am
12 November	9.30 am 9.00 am 8.30 am	Grand Tour or Canaan Carpark for 9.45am start M Gold Creek area (park by 2nd cattle stop – 10.15am start) E Flora for ALL Lodestone (520m ascent in 2km) H Flora/Mt Arthur Hut Circuit M Gridiron, possibly Thorn Tops E Lake Sylvester and Cobb Area or 9.15am at Rat Trap E/M/H
12 November 19 November	9.30 am 9.00 am 8.30 am 10.00 am	Grand Tour or Canaan Carpark for 9.45am start M Gold Creek area (park by 2nd cattle stop – 10.15am start) E Flora for ALL Lodestone (520m ascent in 2km) H Flora/Mt Arthur Hut Circuit M Gridiron, possibly Thorn Tops E Lake Sylvester and Cobb Area or 9.15am at Rat Trap E/M/H Tasman Bay Roses E
12 November 19 November 26 November	 9.30 am 9.00 am 8.30 am 10.00 am 10.00 am 	Grand Tour or Canaan Carpark for 9.45am start M Gold Creek area (park by 2nd cattle stop – 10.15am start) E Flora for ALL Lodestone (520m ascent in 2km) H Flora/Mt Arthur Hut Circuit M Gridiron, possibly Thorn Tops E Lake Sylvester and Cobb Area or 9.15am at Rat Trap E/M/H

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Motu Weka Neighbourhood Centre 60+ Social Club

Every Tuesday 9.30 am - 1.30 pm during school term. Provided: morning tea, lunch, a planned outing or activity and transport to and from venue. Cost: \$10 per session

Contact: Office Ph. 03 528 8801 and a/h Sylvia Ph. 03 528 7237

Motueka Recreation Centre

50+ classes are held Tuesday and Thursday mornings at 9.30 am with Anna. A fun class to suit seniors. Feel free to try out any classes. A great routine set to music, low impact with low intensity. Runs for about 1 hour. Cost: \$3

Badminton games 7.00 pm - 9.00 pm every Thursday evening for players of all ages and levels. New players welcome. Court fee \$3, racquet hire \$2.

Indoor Bowls. Fridays 9.30 am – noon, \$3 per person All equipment supplied. All welcome

Sit 'n' Be Fit Classes Mondays 10.30 am - 11.30 am, \$3 per session Join Jody for a 30 minute seated gentle exercise class. Ph. 03 528 8228

The Recreation Centre Gym is open 9.00 am - 9.00 pm Monday to Friday, 9.00 am - 4.00 pm on Saturday. Contact the Motueka Recreation Centre on Ph. 03 528 8228 or fax 03 528 8560.

SeniorNet [Motueka]

Computer learning for the over 55's in comfortable clubrooms at 42 Pah Street. Complimentary classes offered to beginners. Learn the basics through to advanced computing. Small classes, no stress, learn at your own speed and make new friends. Classes in digital photography, card making, spreadsheets, word processing, email and Internet use, genealogy, managing your computer. New members are welcome to attend our meetings on the first Monday of every month at 10.00 am. Contact Ann Long Ph. 03 528 8224

Golden Bay SeniorNet [Golden Bay]

SeniorNet Golden Bay provides a range of beginner-level courses in home computing. We run a Camera Club, host a Genealogy Group, and hold several social functions each year. Classes, workshops and meetings are held in clubrooms at the Takaka Showgrounds. Come and join us. Kathy Baigent, Ph. 03 525 9689, or Rosemary Jorgensen Ph. 03 525 7565, or Morfydd Barker Ph. 03 525 7465

Wednesday Walkers

Every Wednesday. Meet at Information Centre carpark, Takaka, leaving 9.00 am sharp. Bring morning tea, raincoat etc, light boots or walking shoes. Contacts: Bron Thorneycroft Ph. 03 525 8627 or Bob Kennedy Ph. 03 525 9958.

7 October Gibbs Hill Wainui Bay (lunch) \$5 transport Grade 2
14 October Shakespeare Flat (lunch) \$12 Grade 4
21 October Wainui Falls and Spit (morn) \$4 Grade 2
28 October Cobb Ridge (8.30am start, lunch) \$12 Grade 4

Grade 1 easy to Grade 5 strenuous.

RECREATION PROVIDERS

If you are looking for further groups, check out the Found Community Database www.found.org.nz

Golden Bay

Drop In Yoga \$8 per class at the Catholic Hall, 94 Commercial Street, Takaka Terry Ph. 03 525 7422.

Genealogical Group Cherill Cooper Ph. 03 525 8832

Gentle Exercise Golden Bay Physio Clinic Ph. 03 525 9708

Golden Bay Contract Bridge Club Leigh Gamby Ph. 03 525 9744

Golden Bay Garden Club Diane McIntosh Ph. 03 525 6121

Golden Bay Mohua Tecorians Sally Douglas Ph. 03 525 9569 and Quilters Guild Liza Eastman Ph. 03 524 8487 Guided Gym Session

Golden Bay Patchwork

Wednesday 12 -1 Georgie Stone Ph. 03 525 6110

Indoor Bowls/Cards Senior Citizens Club Rooms Mary Couper Ph. 03 525 8445

Mah Jong Ethel Smith Ph. 03 525 8615

Marble Mountain Country Music Club

2nd and 4th Sunday of each month at the Senior Citizens Clubrooms. Welcome to all listeners, singers or musicians. Nancy Ph. 03 525 9491

Motupipi Indoor Bowling Club

Thursday nights, 7.30 pm at the Motupipi Hall. Beginners and interested players are made welcome. Supper and games for \$1. Nancy Ph. 03 525 9491

Pohara Bowling Club Jennifer Westrupp Ph. 03 525 9621

Probus

Jan Sawers Ph. 03 525 9197 Robin Manson Ph. 03 525 9359

Puramahoi Table Tennis Betty Wilson Ph. 03 525 9526

Tai Chi Falls Prevention (65+) Presbyterian Support Maxine Poole Ph. 03 547 9350 ext 712

Tai Chi for Arthritis Ann Marshall Ph. 03 525 8437

Takaka Golf Club Ph. 03 525 9054

Takaka Golf Club Ladies Section G. Turley Ph. 03 525 9122

Takaka Spinning Group Jan Weston Ph. 03 525 9374

Takaka Table Tennis Rene Ph. 03 525 7127

University of the Third Age (U3A) Aileen Hunt Ph. 03 525 7345

Uruwhenua Women's Institute 2nd Tuesday each month at

2nd Tuesday each month at the Anglican Church Hall, 1.30 pm Nancy Ph. 03 525 9491

RECREATION PROVIDERS CONTINUED

Wednesday Walkers

Bron Thorneycroft Ph. 03 525 8627 Bob Kennedy Ph. 03 525 9958

Workouts

Masonic Hall Takaka, Mondays 9.30 am - 10.30 am Wednesdays 9.30 am - 10.30 am, Fridays 9.00 am - 10.00 am On-site child care provided. Ph. 03 525 6110 for details.

Hope Hope Midweek Badminton Club Carolyn Mason

Carolyn Mason Ph. 03 541 9200

Nelson Veterans Tennis Club Hope Courts every Thursday

Summer from 9.30 am Winter from 10.00 am Ph. 03 547 6916

Мариа

Indoor Bowls Mapua Friendship Club Mapua Public Hall Valerie Roache Ph. 03 540 3685

Low Impact Aerobics and Pilates Wakefield, Upper Moutere and Mapua Lynda Mabin Ph. 03 543 2268

Mapua Bowling Club Arnie Ahnfeldt Ph. 03 540 3032

Taoist Tai Chi Taoist Tai Chi Society of New Zealand 55 Muritai St, Tahunanui

Ph. 03 545 8375 www.taoist.org

Motueka

Aerobics/Gym and Fitness Centre 50+ Aerobics Mot Rec Centre Brent Maru Ph. 03 528 8228

Arthritis New Zealand Immersion Therapy session 10.30 am, Mondays at Ngawhatu Pool

Bus leaves Motueka at 9.30 am Susan Ledingham Ph. 0800 663 463

Gym & Fitness Centre

Studio Gym 275 Catherine Walsh Ph. 03 528 4000

Healthy Hearts Club

St Thomas Church Hall Wendy Brown Ph. 03 528 6692

Indoor Bowls Motueka Senior Citizens

Hall George Riordan Ph. 03 528 7960

Line Dancing Motueka Senior Citizens Hall Beryl Sturgeon Ph. 03 528 8265

Line Dancing – Intermediate St Andrews Church Hall Ph. 03 528 7337 or 03 526 6246

Marching Motueka Veteranettes

Marching Team Bev Clementson Ph. 03 528 9125

Motueka Bowling

Club Inc Winter Bowls – Come and play on our astrograss green over winter Don Ph. 03 528 7208 or Pat Ph. 03 528 9129

Motueka Old Time Dance

Lower Moutere Hall, Saturday 22 August 7.30 pm Tickets \$6.00 per person includes supper. Ph. 03 528 7564 or 03 540 2242

Riwaka Bowling Club

School Road, Riwaka Kathy Brewer Ph. 03 528 4604 Pat Newport Ph. 03 528 8347

Riwaka Croquet Club Sally Goodall Ph. 03 528 8296

Social Recreation Kiwi Seniors (Motueka) Vonnie Goodall Ph. 03 528 7817

Tai Chi Falls Prevention (65+) Presbyterian Support Maxine Poole

Maxine Poole Ph. 03 547 9350 ext 712

Walking

Motueka 50 Plus Walking Group Gabrielle Finnigan Ph. 03 540 3400.

Nelson

Aquatics/Swimming/ Gym Riverside Pool Ph. 03 546 3221

Art Group Nelson Inc.

Monthly meetings with a guest speaker first Wednesday of each month. Open painting mornings on the second Wednesday. Tutorial days are held in the last week of each month. All welcome. Judy Ph. 03 548 1170.

Belly Dancing

Victory Community Centre Tuesday from 6.00 pm Sabina Gilberg Ph. 03 546 8511

Bodyvive (Low Impact)

CityFitness Quarantine Rd, Nelson Monday, Tuesday and Thursday 10.20 am Debby Callaghan Ph. 03 547 4774

Cardiac Club/Gym &

Fitness Centre Victory Community Centre, behind Victory School. Devine Fitness Sharon Standish-White Ph. 03 539 0348

Dining4Twelve

Convivial gatherings for 50+ singles. Movie night, BBQ at the Boathouse, overnight trip to Abel Tasman, hoedown, ten-pin bowling, picnic at Rabbit Island. Contact Jenny Dining4Twelve@xtra.co.nz

Easybeat 50+ Aerobics EasyBeat Aerobics Leigh Dalzell Ph. 03 548 1689 or 021 547 811

Golf Croquet

Nelson-Hinemoa Bev Worrall Ph. 03 548 2190

Hatha Yoga Maureen McKain

Ph. 03 546 4670

Hot Yoga Claire Ph. 03 548 2298

Housie Evening

Stoke Rugby Clubrooms, Neale Avenue, Stoke. Wednesday nights, 7.15 pm – 9.45 pm. Buddy Ph. 03 547 3230 or Anne Ph. 03 547 6987

Leisure Line Dancing

Stoke Scout Hall, Songer St Annette Lines Ph. 03 546 8777

Marching

Silveraires Leisure Marching Diana Clark Ph. 03 548 9527

Nelson Caravan Club Inc Allan Ph. 027 319 7427

Nelson Electronic Organ and Keyboard Club

First Tuesday of each month, \$2. Stoke School Hall, 7.30 pm. Entertainment and supper provided. Valerie Andrews Ph. 03 540 3288.

Nelson 50+ Mini Walks Gwenda Wallace Ph. 03 544 5307

Nelson Masters Swimmers

Adults 20 years and over. Every Monday and Wednesday from 7.30 - 8.30 pm. Riverside Pool, \$3. Don Pepperell Ph. 03 548 4432

RECREATION PROVIDERS CONTINUED

Nelson Petanque Club

Wed and Sun 1.15 pm at Highland Pipe Band Hall Paru Paru Road Equipment provided. Gillian Ph. 03 546 8111 or Ernst Ph. 03 548 3031

Nelson Philatelic Society

Local stamp collectors club. Every second Tuesday of the month 7.30 pm. Stoke School. Visitors welcome. Ph. 03 547 7516 or 03 548 6269

Nelson Scrabble Club

Play recreational or competitive scrabble in friendly, convivial surroundings. Every Wednesday 7.00 pm at the Nelson Suburban Club, 168 Tahunanui Drive. Steve Ph. 03 544 0475.

Nelson Senior Citizens Social Indoor Bowling Club Valda Ingram Ph. 03 544 1487

Nelson Social Dancing Club

Second Saturday in the month 8.00 pm at Waimea Club, Queen Street, Richmond. Latin, New Vogue and Rock n Roll. Entry members \$6, nonmembers \$10. Tea and biscuits are provided. Please phone to confirm, Jean or Frank Ph. 03 546 7061.

Over 50s Pilates

Body Power Pilates & Yoga Centre Sue Wilson Ph. 029 281 3735 E: inbox@bodypower.co.nz

Over 50s Yoga

Body Power Pilates & Yoga Centre. Margot Hannigan Ph. 029 281 3735 E: inbox@bodypower.co.nz

Senior Adults Gathering

Victory Seniors. Monthly first Tuesday 1.30 pm at Victory Community Anglican Church - 238 Vanguard Street Nelson Afternoon tea, no charge, all seniors welcome. Jeannette Ph. 03 548 7939

SeniorNet [Nelson]

Computer instruction for people aged 55 and over. Clubrooms at Pioneer Park, Hastings Street, Nelson. Murray Ph. 03 548 1170 www.tasman.net/seniornet

Senior Service - Nelson Baptist Church

The Nelson Baptist Church holds a Senior Service on the second Sunday of the month. This is an interdenominational service. We have hymns and songs, a short message, afternoon tea and fellowship. 2.00 pm to 3.30 pm. Transport can be arranged. Alan Roberts Ph. 03 548 7381

Seniors Yoga

Body Power Pilates & Yoga Centre Sue Wilson Ph. 029 281 3735 E: inbox@bodypower.co.nz

Sit and Be Fit

A 35 minute class to music. Victory Community Centre, Totara St, Nelson, Tuesdays 10.00 am Leigh Ph. 03 548 1689.

Stroke Club Nelson

Social activities for people who have had strokes and their carers.We meet at St. Francis Hall, Songer Street, Stoke. Irene Ph. 03 544 8665

Table Tennis

Nelson Table Tennis Club Phil Hamblin Ph. 03 546 6256

Tahunanui Bowling Club Murray Canning

Ph. 03 547 6921

Tahunanui Community Centre

Social group "Friends and neighbours" for local residents Wednesday afternoons.

Up Cycle: Group to help you enjoy and improve your bike riding skills. Phone the centre for more details. Garden Group: Monthly meeting sharing skills and experience following on from Organic gardening/ compost workshops Wednesday evening 7.00 pm - 8.30 pm monthly.

Have a go at Belly Dancing: Anyone interested?

Walking Group: Wednesdays 10 am. Meet at the Community Centre and walk for approx 1hr. Community Centre, 61 Muritai Street, Tahunanui, Ph. 03 548 6036

Tai Chi Falls Prevention (65+) Presbyterian Support

Maxine Poole Ph. 03 547 9350 ext 712

Taoist Tai Chi Society of New Zealand

55 Muritai St, Tahunanui Ph. 03 545 8375 www.taoist.org

The Nelson Savage Club Inc

A Club for entertainers. Variety Concert on the second Wednesday of each month April through to October. Presbyterian Church Hall, Muritai St. Tahunanui at 7.30pm. \$2 entry. Best to phone first. Joyce Ph. 03 548 1224 or Philipa or Ernie Ph. 03 547 7022

Walking

Nelson 50+ Walking Group Noel Brown Ph. 03 544 2286

Veterans' (55+) 9 hole golf days

At Greenacres Golf Club, last Monday of every month. Dick Ph. 03 547 6071 or Club Professional Ph. 03 544 6441

Richmond

Badminton Richmond Morning Badminton Dawn Wakelin Ph. 03 544 4120 **Ballroom and New Vogue** Tues 7.30-8.30 pm New vogue only Wed 7.30-8.30 pm Michael or Heather Ph. 03 547-4863

Body Power Pilates & Yoga Centre

Richmond Town Hall Sue Wilson Ph. 029 281 3735 E: inbox@bodypower.co.nz

Bodyvive (Low Impact)

CityFitness Quarantine Rd, Nelson Monday, Tuesday and Thursday 10.20 am Debby Callaghan Ph. 03 547 4774

Crafts, Caring and Sharing

Wesley Centre Mondays 9.45 am – 11.45 am Ph. 03 544 7458 or Ph. 03 544 9174

Croquet

Richmond Croquet Club Eleanor Hannay Ph. 03 547 5424

Easybeat 50+ Aerobics

Leigh Dalzell Ph. 03 548 1689 or Ph. 021 547 811

Easy Exercise

Senior Citizens Hall Friday 10.00 am - 11.00 am Morning tea to follow Elaine Mead Ph. 03 544 7624

Euchre

Warm and friendly \$2 with cuppa, raffles at Richmond Bowling Club. Friday afternoons 1.30 pm – 4.00 pm. Monica Ph. 03 544 2749

Grandparents Raising Grandchildren

Monthly meeting last Tuesday of the month at 10.00 am. Presbyterian Church Sunday School Rooms, Muritai Street. Social gatherings second Tuesday of the month at 10.30 am. Paula Ph. 03 544 5714.

Hope-Ranzau Women's Institute

1.15 pm on the first Wednesday of each month at Holy Trinity Church Hall, Dorset Street, Richmond. Visitors always welcome. Brenda Ph. 03 544 5872.

Indoor Bowls for Seniors

Church of Christ Hall Cnr Croucher & D'arcy Sts Tuesday 1.00 pm - 3.00 pm Phyllis Haines Ph. 03 544 8383

"It's all about me"

Monthly group session last Thursday of every month. Come and meet new people and get advice from experts on how to stay healthy and keep active. Wakefield Village Hall 10.00 am, gold coin donation. Bee Williamson, Green Prescription Ph. 03 544 3957 ext 3

Knitting Group

Age Concern Richmond Thursday 9.30 am - Noon. The knitters knit squares to be made into blankets to be sent overseas. Donations of 8ply wool or garments to be re-knitted gratefully received. New knitters always welcome. Ph. 03 544 7624

Latin In-line Dance

Richmond Dance Studio Partner not required! Wednesday and Friday 9.30 - 10.15 am Heather Ph. 03 547 4863

Latin-in-line Male and Female.

Tues 6.00-6.45 pm Wed & Fri 9.30-10.15 am. Heather Ph. 03 547 4863

Line Dance Nelson

Alison Myers Ph. 03 546 9878

Pedometers from the Library

Pedometers are step counters that show how far you walk each day. These are now available on loan from any of the Nelson City or Tasman District Libraries. \$2 fee for a 6-week loan. Visit your local library and ask at the counter.

Richmond Bowling Club

Have a go - Tuesday at 1.00 pm, Thursday at 1.00 pm and 5.45 pm - Bowls and shoes provided. Pat Dickinson Ph. 03 544 0129 or Club phone Ph. 03 544 8891

Richmond Slimmers Club Keep your weight down. Margaret Westley

Ph. 03 544 7293

Richmond Walking Group

Do you like walking but find it hard to get motivated? Then our new walking group is perfect for you! It's free and all ages and levels of fitness are catered for. Mondays at 9.30 am Tasman Recreational Resource Centre, 9 Cambridge St, Richmond Jackie Ph. 03 544 3957 ext 4

Social Recreation Club 50

Jackie Hardy Ph. 03 544 3955 trrc@nel.sporttasman.org.nz

Tai Chi Falls Prevention (65+) Presbyterian Support Maxine Poole Ph. 03 547 9350 ext 712

Tasman Recreational

Resource Centre (Richmond Town Hall) Fun, easy exercise options for older adults Mary-Ann McNatty Ph. 03 544 3955 trrc@nel.sporttasman.org.nz

Tasman Tennis Centre

Social Tennis Tuesday mornings 9.30 am Coaching sessions available with TennisNZ club coach. Ngaire Calder Ph. 0272 79 99 38 or Tasman Tennis Centre Ph. 03 544 6083

Tasman Visual Arts Group

Last Wednesday of the month Richmond Bowling Clubrooms. Regular guest speakers, new members welcome. Gary Gibbens Ph. 03 541 8842

Stoke

Clogging/Tap Dancing Nelson Sun City Cloggers Georgina Higgs Ph. 03 545 1037

Easybeat 50+ Aerobics Leigh Dalzell Ph. 03 548 1689 or Ph. 021 547 811

Easy Exercise Sit & Be Fit for Men & Women

Arthritis New Zealand Every Tuesday 10.00 am Stoke Methodist Church Lounge Maureen McKain Ph. 03 546 4670

Hatha Yoga

International Yoga Teachers Assn Maureen McKain Ph. 03 546 4670

Hydrotherapy

Ngawhatu Therapeutic Pool Day and evening sessions Thelma Creighton Ph. 03 547 6384

Introductory Pilates

Stoke Memorial Hall Tuesday 1.30 pm Wednesday 9.30 am Christine Ph. 03 547 2660

Ngawhatu Bowling Club

300 Montebello Ave, Stoke Friendly, welcoming club in a sheltered bush-clad hillside setting. New members welcome. Rollup Wednesday 1.00 pm. Twilight bowls Thursday 5.45 pm. Mary Ph. 03 547 4340.

Safety & Confidence

Kidpower, Teenpower, Fullpower Trust Cornelia Baumgartner Ph. 03 543 2669

Stoke Bowling Club Lyndon Penketh Ph. 03 547 4780

Stoke Easy Exercise

Sit and be Fit for Men and Women. Every Tuesday 10.00 am, Stoke. Methodist Church Lounge. Maureen McKain Ph. 03 546 4670.

Stoke Social Seniors

'Girl's Own' and 'Lads at Large' trips Anne or Ruth Ph. 03 547 2660

Stoke Social Seniors

Tai Chi Stoke Memorial Hall Tuesday 1.30 pm Wednesday 10.30 am Ph. 03 547 2660

Stoke Social Seniors Walking Group

Meets Tuesdays 10.00 am Stoke Memorial Hall Ph. 03 547 2660

Table Tennis Nelson Bryan Keane Ph. 03 547 7530

Tai Chi Falls Prevention

(65+) Presbyterian Support Maxine Poole Ph. 03 547 9350 ext 712

Tapawera

Visual Art Society Tapawera Kaye Register Ph. 03 522 4368.

Walking

Rural Ramblers Una Foulsham Ph. 03 522 4083

Wakefield

Easy Exercise Arthritis New Zealand, Nelson Nancye Wearing Ph. 03 541 9040

Wakefield Senior Citizens

Meet: 1st Wed of Month at 2.00 pm, Wakefield Village Hall. Melba Green Ph. 03 541 8464

All the club's a stage ...

A sense of fun and a willingness to give it a go are the criteria for joining the Nelson Savage Club, so drag that musical instrument out of the cupboard or polish up your tap-dance shoes, your singing or recitations.

The aims of Savage Clubs are: to provide rational entertainment and good fellowship; to assist worthwhile causes; to foster the talents of storytellers, writers, artists, singers, instrumentalists, actors or any other of the cultural arts.

The local chapter began in 1961 and has about 40 members. They meet each month from April to October, in evenings known as Korero, which involve a variety concert. There is a small entry fee to cover hall charges and an annual subscription. The club is open to anyone over 18 years, although most members are now retirees.

New members are always welcome. If performing is not your scene, don't worry – all performers need an audience.

During the year Nelson members visit other clubs. This is referred to as a



"raid", with the visitors obliged to put on a concert. Nearest clubs are the Blenheim Orphans and the Hokitika Savages. Once every two years in June a conference is hosted by a club, alternately North and South Island.

Savage Clubs date back to London in 1857 at the time of Charles Dickens. A little band of authors, artists, actors, musicians, singers and dancers wanted to meet together in their leisure hours. The club was named after Richard Savage, a shady, satirical poet who had died in 1743 after a chequered career. Members have included W.S. Gilbert, of Gilbert and Sullivan fame, Edward the 7th, and more recently The Duke of Edinburgh.

The first New Zealand Savage Club began in 1885 in Dunedin. When membership of clubs reached a peak, those waiting to become members formed offshoots called Orphans Clubs. Now, there are about 23 Savage and Orphans chapters.

For details on the Nelson club, call Ernie Hardman Ph. 03 547 7022 or Joyce Brooks Ph. 03 548 1224.



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