

Meeting of Nelson Tasman Positive Ageing Forum
Monday 25 September 2017 at 1.00pm
Constance Barnicoat Room, Richmond Library

Present:

Charles Tyrell (Anglican Church/Age Concern (Chair),

Rona Abbott, Fresh FM	Hayley McElwain, Nelson Marlborough Health
Cr Dean McNamara, Tasman District Council	Kim Howell, Life Therapy Services
Pauline Daly, Grey Power	Ruby Aberhart, Waimea Ladies Club
Sue Tilby, Age Concern	Brylee Wayman, Tasman District Council
Dana Wensley, Tasman District Council	Nicky McDonald, Nelson City Council
Matt Lawry, Nelson City Council Councillor	Glenda Garing-Phelan, NMIT/AUT
Chris Allison, Health Action Trust	Linda O’Dea, Grey Power
Kaye Latham Internal affairs	Jill Harris, Ministry of Social Development
Kim Howell, Hearing Therapy	Frances Kemble Welch, Driving Miss Daisy
Jenni Bancroft, Nelson Multicultural Council	Gail Collingwood, National Council of Women
David Kemp, Senior Citizen	Janice Emery, Re-Max
Craig Piner, Fire and Emergency New Zealand	

In attendance: Mike Tasman-Jones (Tasman District Council), Tracey Barron (Tasman District Council)

1 Welcome and Introductions

Charles welcomed everyone and opened the meeting.

2 Apologies

Moved; Mike Tasman-Jones/Dana Wensley

That apologies be accepted for absence from Jim Ward, Peter Sutton, Sarah Holman and Bevan Grant.

CARRIED

3 Confirmation of Minutes

Moved: Gail Collingwood/Dana Wensley

That the minutes of the meeting of the Nelson Tasman Positive Ageing Forum, held on 10 July 2017 be received.

CARRIED

4 Matters Arising

No matters arising.

5 Chairpersons Report

The Chair’s report was tabled with commentary on the following:

- Thank you to Gail Collingwood in chairing the previous meeting in Charles' absence.
- Charles spoke to the forum on his recent move into the retirement sector noting that not everyone enjoys this time of life, with some unfortunately seeing it as a negative.
- The Long Game opened on 18 September. The Chair asked to formally record in the minutes a note of thanks to both Councils on this initiative.
- Charles noted his hope to see more work from the Government towards support of the older demographic.
- Charles commended Greypower on their initiative in arranging the 'Meet the Candidates' discussion sessions held prior to the election.

6 AGECONNECT Project

Presented by Sue Tilby, Age Concern

Sue spoke to the presentation.

Following consultation an action plan has been formulated and the five working groups identified as;

- communication,
- groups and organisations,
- intergenerational,
- transport, and
- technology

Sue advised the requirement of a Coordinator role for the management of the AgeConnect project. Applications have been sent for funding the role and 50% funding has already been received. The project group are close to making an appointment for the role, the person appointed will connect closely with members of the forum.

The AgeConnect Survey results identified that 78% noted loneliness and isolation as the biggest challenge facing older persons. AgeConnect are currently working with Volunteer Nelson to run a trial for a 'buddie' system to get people out and about.

AgeConnect marketing options have been discussed such as having 'champions' of the project which may through local businesses to promote AgeConnect. It was acknowledged there is a lot of work ahead to market and grow the brand.

In reply to a question raised if seniors were included in the project groups, Sue advised that there were many senior/older persons involved. It was also asked if the Nelson Regional Development Concept (CPAC) project work may be of value to the group. Sue to follow up if that information would be available.

With regards to the intergenerational working group, it was mentioned that at the recent Tasman District Council Youth Council Workshop, youth had expressed an interest in inter-generational connections.

Sue provided some updates from Age Concern:

- Sue advised the Intimacy and Sexuality programme has already commenced into some rest homes. The interview with Professor Catherine Cook is available on the FreshFM website.
- The Age Concern AGM will be held Wednesday 27 September.
- International Day of Older Persons – Sunday 1 October 2017.

- The Elder Abuse contract work is under way. Currently recruiting for a person to fulfil the Marlborough role.

The AgeConnect booklet is now available on the AgeConnect website www.ageconnect.org.nz

7 Reverse Mortgages

Apologies from Jim Ward due to illness.

8 Paxters (NZ Post Vehicles)

Update from Access for All (A4A) Cr Wensley, Tasman District Council

Cr Wensley relayed discussion points at a recent A4A meeting:

- The Paxter vehicle is 700kgs fully weighted.
- Currently waiting on further information from NZ Post on Health and Safety statistics.
- Concerns Tasman District Council are not communicating enough information from the public.
- The vehicles are quiet therefore not ‘warning’ or awareness of their approach
- Footpath design and suitability issues
- ‘Once we let one in where does it stop’?
- Safety on our footpaths.
- Nelson City Council at present have made no decision on allowing use of these vehicles.
- It was noted that DX and couriers were also using the footpath.

9 Long Game Events

Presentation by Nicky McDonald, Nelson City Council

Nicky acknowledged credit to Chris Allison as this was his original concept.

Nicky outlined the two week programme to raise awareness of the aging demographic.

The Housing and ageing community presentation was very well received and provided a lot interesting feedback was received.

Nicky advised The Long Game POD casts will be available on Council websites.

A question was asked on the cost of Rates for home owners, Nicky advised Nelson City Council had a Rates Deferment Scheme available but this did not have a good take up. Is this available at Tasman District Council?

There is a Toolkit for Housing available in the Nelson and Tasman libraries.

Nicky advised Nelson City Council are looking at ways to try and make it easier to put a second dwelling on a section but there was not a lot which could be done at a Council Level. Housing is a national issue.

Cr Matt Lawrey advised there would be an opportunity to submit on a housing workshop coming up shortly at Nelson City Council.

It was mentioned it would be good to see the percentage of volunteers on the over 65 working graph provided in the presentation.

10 Update from Tasman District Council

Brylee Wayman spoke to the forum on the Tasman District Council consultation programme leading up to the Long Term Plan and Age Friendly Policy. Brylee advised of drop in sessions and surveys currently being undertaken, noting she would bring statistics gathered back to a future forum.

11 Update form the Ministry of Social Development

Update from Jill Harris.

- Seniors newsletter currently promoting EECA's insulation grants to promote warmer homes
- Free shingles vaccinations for over 65's will be available next year
- Newsletter's article on bullying in rest homes a revealing read and shows what residents can do if they are in this position.
- Statistics on superannuation

12 General business

Linda O'Dea, Greypower, provided an update:

- They are currently running surveys in the Greypower magazine on health and housing and they will bring the results to the next meeting.
- The coffee and chat meetings were working really well and they were now looking at going into the rest homes to do this.
- Excellent feedback had been received from Meet the Leaders sessions.

A comment was raised on some events being advertised without sufficient notice or with small print and mentioned it would be good to get a bit more notice to allow for forward planning.

Over 80's point of view – highlighted raising issues for those over 80.

Meeting closed at 2.30 pm

Next meeting 27 November 2017