

STAFF REPORT

TO: Community Services Committee
FROM: Community and Recreation Advisor
REFERENCE: C752
DATE: 14 June 2006

NELSON TASMAN PHYSICAL ACTIVITY PLAN

The plan which was adopted by the Tasman District Council on 3 May was presented to the Nelson City Council Community Services Committee on 31 May 2006 and adopted.

COMMUNICATION KAWATIRI

The Artists Retreat was held over 10/11 June at St Arnaud with 148 registrations at time of writing.

COMMUNITY AWARDS

Nominations for the annual awards to give well deserved recognition to the unsung heroes of our communities are being called for. Nominations close 30 June.

TRUSTPOWER COMMUNITY AWARDS

Nominations close 9 June with 82 nominations received at time of writing.

BOREDOM BUSTERS

Magazine is at the printers at time of writing with distribution scheduled for the week of 12 -16 June, holidays start 3 July.

The Big Day Out these holidays is a cultural celebration with games and food from around the globe. The Big Day Out is an opportunity for programmes across the region to have an opportunity to get together for a day of activities.

The touring tutor presents the 'Art Attack' programme. The touring tutors are supported to offer an activity to the districts programmes enabling new activities for the children and skill sharing for the regions providers.

YOUTH DEVELOPMENT PARTNERSHIP FUND

The Expression of Interest to the Ministry of Youth Developments Youth Development Partnership Fund for the project “**Youth Voices in Tasman**” was declined. The project will therefore not proceed at this time.

COMMUNITY GRANTS – GRANTS FROM RATES

The application form is being updated and will be printed and distributed by end of June, applications close August 31.

RECREATION COORDINATORS

Memorandums with the existing regional recreation coordinators are in process of being signed for the 2006/2007 year in Golden Bay, Motueka, Murchison and Richmond. A new position is being advertised to be housed at Moutere Hills Community Centre and Sports Complex.

WAY TO GO

Way2Go Extravaganza

This will be an expo event held at the Richmond Baptist Hall and ASB Aquatic Centre profiling Physical Activity opportunities and active transport options for people in the Nelson/ Richmond community during the Push Play Nation promotion in October.

There will be opportunities to interact and experience many of the options being promoted, together with workshops and presenters / speakers.

If the project is a success, we hope to roll out the model region wide in 2007. The extravaganza has received \$1,000 funding support from the Bike Wise Community Partnership Programme the balance will be funded via the Way 2 Go project.

Spring Strut and Stride

Spring Strut and Stride is a team walking promotion which is also timed to run during the October Push Play Nation month and to conclude on Push Play Day 3 November. Each team sets a walking goal, for instance the length of the South Island and the little walks each member of the team does in a month adds up towards the total. Every team is also in to win a whole range of great prizes. Enrolment packs and promotion is currently being prepared.

POSITIVE AGEING

Tasman District Council has been asked to specify Positive Ageing actions undertaken to be included in the national strategy. Attached are the actions forwarded to the Office of Senior Citizens.

New Zealand Positive Ageing Strategy Action Plan – 1 July 2006 to 30 June 2007

Tasman District Council actions

Agency	Project name	Objective	Criteria/Measurements of achievement of objective	Key milestones & timeframes
Tasman District Council	Physical Activity Programs Goal 10	Residents in Tasman are aware of and able to participate in relevant physical activity opportunities across the district.	Regular reports from programme coordinators are received. Programs are promoted in Mudcakes and Roses magazine	Contracts with the Recreation coordinators include provision of Older persons activities.
Tasman District Council	Outstanding Community Awards Goal 10	Give recognition to individuals who have given long-term outstanding service to the community.	Nominations to awards are by the community promoting the awards and receiving nominations for individuals.	Nominations close 30 June with the awards ceremony in August.
Tasman District Council	Access to Library services Goal 5, 10	Older people are able to access library services and are provided with reading material of their choice	Older people are active users of the Tasman District Libraries.	Provide talking books and large print books in sufficient quantities to satisfy the needs of older people. Deliver reading material to House bound individuals Develop computer literacy among older people to enable them to access web based information.
Tasman District Council	Housing for Older people Goal 3	Older people have access to Council housing allowing them to continue to life in their own communities.	Occupancy rate is 97%	Older people on the community cottages waiting list are housed as units become available.
Tasman District Council	Community Grants. Goal 2, 5,6, 8, 9,10	Ensuring provision of support, both financial and advisory, to community organisations which provide a wide range of support for the community.	Funding allocated to community groups and organisations which predominantly provide activities related to objectives of the Council	Community Grants allocated by August each year for the year ahead. providing agencies by

New Zealand Positive Ageing Strategy Action Plan – 1 July 2006 to 30 June 2007

Combined Tasman District Council / Nelson City Council actions

The goals are:

1. Secure and adequate income for older people
2. Equitable, timely, affordable and accessible health services for older people
3. Affordable and appropriate housing options for older people
4. Affordable and accessible transport options for older people
5. Older people feel safe and secure and can “age in place”
6. A range of culturally appropriate services allows choices for older people
7. Older people living in rural communities are not disadvantaged when accessing services
8. People of all ages have positive attitudes to ageing and older people
9. Elimination of ageism and the promotion of flexible work options
10. Increasing opportunities for personal growth and community participation.

Agency	Project name	Objective	Criteria/Measurements of achievement of objective	Key milestones & timeframes
Tasman District Council/Nelson City Council	Nelson Tasman Positive Aging Forum Goal 1-10	Promote Positive Aging and ensure older persons are regularly consulted.	Older people, service providers and representatives of older people's community organisations participate as active members of the forum. Older people are able to be informed on and have input into positive aging issues The forum advocates on behalf of identified need and reports on progress to the following forum.	Hold four meetings per year
Tasman District Council/Nelson City Council	Mudcakes and Roses Magazine Goals 6,7,10.	To raise awareness of older persons about recreation and health services and opportunities. Profile local older persons and organisations.	Older persons are aware of and engaged in relevant opportunities. The magazine is available throughout the region Registration on the direct mail database continues to increase.	Publish six magazines and distribute via direct mailout and via libraries and services agencies
Tasman District Council/Nelson City Council	Safe with Age Goal 4	To support older drivers with confidence and knowledge around road	Older drivers continue to drive safely for longer, maintaining their	Older people require this course to be highly accessible. As a result, more

City Council		code and driving behaviour. To provide practical strategies to support road safety as both a driver and pedestrian.	independence and social networks. Older drivers have increased general confidence and knowledge as well as safety.	courses are now being offered in remote or rural areas to meet this need. Courses are regularly available in Motueka, Richmond as well as Nelson. Murchison, Golden Bay and Tapawera have been/ are also being serviced for this service.
Tasman District Council/Nelson City Council	"Re-cycling" Courses: Helping you to get back on your bike Goal 2	To reintroduce adults to riding bikes, particularly for those returning to cycling later in life. To help with confidence and practical skills around riding and maintenance of bike.	Older people are returning to cycling as a viable means of transport or recreation. Health, fitness and well being are promoted for older people. Confidence and practical skills of older riders is increased Support is provided for cycling and cycle safety promoted.	Enable people in rural areas to more easily access this service by taking tutor to Golden Bay and Motueka in 06/07 financial year.
Tasman District Council/ Nelson City Council	Changing Gears in Later Life Goal 4	To provide a local version of a publication aiming to assist elderly retain their mobility, plan for the future life without a car etc.	Older people are well informed and aware of their options when facing living without a car.	Booklet produced, promoted and distributed to appropriate agencies and sites accessible to older people.

POSITIVE AGING FORUM

Minutes of last meeting 9 May 2006.

TITLE: Positive Ageing Forum
DATE: Tuesday 9 May 2006
TIME: 1.00 pm
VENUE: Richmond Town Hall, 9 Cambridge Street, Richmond

PRESENT: Ruby Aberhart (Chair), Jill Harris (Work and Income), Pauline Marshall (National Council Women), Rick Williams (RNZRSA), David Ward, Anthea Campbell, Kirsty Barr, Brian Paterson, Mike Tasman-Jones (TDC), Gail Collingwood, Kath Inwood (NCC), Bev Oakley (Richmond Issues), Jo Challies (Presbyterian Support), Jo Howard (Grey Power Motueka), Charissa MacKenzie, Caroline Pitman (Nelson Fed WI), Louise Jackson (Support Works), Don Martin (TRST), Sue Cochrane (Alzheimers Nelson), Lorraine Salton (Holy Trinity AAW), Pam Schouten (Nelson

Grey Power), Catherine Findlay (Age Concern), Anne Marie Fowke (Stroke Foundation), Diane Bradley (Nelmar), Mike Milstein, Jay Shapiro (Conscious Ageing Network), P Wright (Rural Women Brightwater)

IN ATTENDANCE: B Moore

APOLOGIES

Apologies were received from G Currie, J McKenzie, U Lewis, B Ryan, P Wigzell, E Henry, P Matheson, H Lees, V Sirrett and J Harwood.

1 CONFIRMATION OF MINUTES

Moved B Oakley/J Harris

THAT the Minutes of the Positive Ageing Forum Meeting held on 21 February 2006 be approved as a correct record.

CARRIED

1.1 Matters Arising

It was noted that handrails had been installed next to the steps that lead down from the footpath into Couplands and Raewards parking areas. Pat Wright said that Telecom line charges can be avoided where people assume responsibility for the maintenance of telephone lines.

2 RATES REBATE SCHEME

Tasman District Council representatives David Ward and Anthea Campbell presented information about the rates rebate scheme which benefits people who pay rates for the home in which they live and whose incomes are low. New thresholds for the scheme come into effect from 1 July 2006 and the maximum rebate is increased to \$500.00 and the income threshold is increased to \$20,000.00. The additional income allowance for dependants is increased to \$500.00 per dependant. Application forms and assistance can be obtained from local Council offices and further information from the website www.ratesrebates.govt.nz. Anthea Campbell provided copies of the Department of Internal Affairs information sheet on the rates rebates scheme together with examples of potential available rebates based on listed rating levels.

3 CONSCIOUS AGEING NETWORK

Mike Milstein said that this network is a small group of people devoted to actively encouraging conscious ageing. He said this focuses on possibilities for growth, learning and expanded awareness. He said it is about being fully present, alive and engaged during post retirement years. He said the group can be contacted

via Dr Jay Shapiro, telephone 546 6948 or through the email address can@paradise.net.nz.

4 UPDATE REPORT FROM VCC

Chairperson, Mrs Ruby Aberhart, reported on progress with the older persons strategy and that she would travel to Wellington on 24 May 2006 with Jo Howard to a meeting to be held on the strategy and related matters.

5 ASB AQUATIC CENTRE ACCESSIBILITY

Don Martin said that he would report to David Ward on 21 May 2006 regarding accessibility at the ASB Aquatic Centre and asked for comments from the meeting. He said he could be contacted on telephone 546 3308 at Sport Tasman. Jo Challis commented that the water temperature of the pools is not warm enough. Pam Schouten of Grey Power said the big pool temperature is too low and you have to walk carefully around the edges to avoid falling over. She said the steps to get out of the pool are not very wide. Diane Bradley said she does not feel safe walking around the pool and the air temperature in the changing rooms is cool.

6 GENERAL BUSINESS

6.1 Ministry of Social Development

Jill Harris of Work and Income said that the Regional Plan will be produced on a Ministry wide basis this year. She said that disability allowance availability enquiries and enquiries about medical alarms can be made to Ursula Lewis on telephone (03) 989 7004.

6.2 Presbyterian Support

Jo Challis spoke of her role as a new social worker for Presbyterian Support. She said that the homecare sector standard certification had been achieved by Presbyterian Support. Presbyterian Support would move to its new base on the ex BP Service Station site at Annesbrook in November. The falls prevention classes which were previously a pilot scheme are now going more district wide.

6.3 RNZRSA and Year of the Veteran

Rick Williams spoke of proposed activities associated with the Year of the Veteran and the 90th anniversary of RNZ Returned Services Association. He spoke of activities such as those occurring on Remembrance Sunday on 11 November 2006 and changes to the membership criteria for RNZRSA.

6.4 Volunteers Awareness and Recognition

Anne Marie Fouke spoke about a function which had been held to mark the Volunteer Awareness Week in Nelson. She also referred to a ceremony to be

held to award volunteers for the Youth Volunteer Recognition Scheme. Gail Collingwood spoke about the joint NCC/TDC Trustpower Community Awards, note that nominations close on 9 June 2006.

6.5 TNZ Atawhai/Brightwater Roding Corridor

Ruby Aberhart said that she had attended Regional Land Transport Committee meetings as a total mobility representative and that this roading corridor study is progressing. She reminded the meeting that Margaret Parfitt had previously asked for feedback on the publication "Changing Gears in Later Years".

6.6 Product Recall Notification

Ruby Aberhart spoke about her concern with the methods used for notification to the public of product recalls especially those required where there is a threat to health and safety of consumers. She was concerned that some people may not see a newspaper notice especially where they have a level of disability. The meeting noted the need for further information.

6.7 Presentations at Meetings

Ruby Aberhart spoke of the difficulty in obtaining people to just make a verbal presentation at meetings without the use of power point projector technology.

6.8 Road Safety – "Who's Behind You?" Campaign

Kirsty Barr said that this campaign had been launched at Richmond Mall and is designed to make drivers aware, when reversing vehicles in driveways, of the potential danger to children. She spoke about the safe with age course which is used to brush up on the Road Code and pedestrian safety. Courses will be held in Nelson on 29 to 30 May and in Motueka at the end of June. Mr Williams commented that it costs about \$440.00 for older drivers to obtain an assessment.

6.9 Tasman District Council Library in Richmond

Brian Paterson said that planning is underway for alterations to the Richmond Library.

7 NEXT MEETING

The next meeting date was set for Monday 7 August 2006.

The meeting closed at 2.55 pm.

M Tasman-Jones
Community and Recreation Advisor